

MAKE A SUPERHERO BADGE FOR DAD!

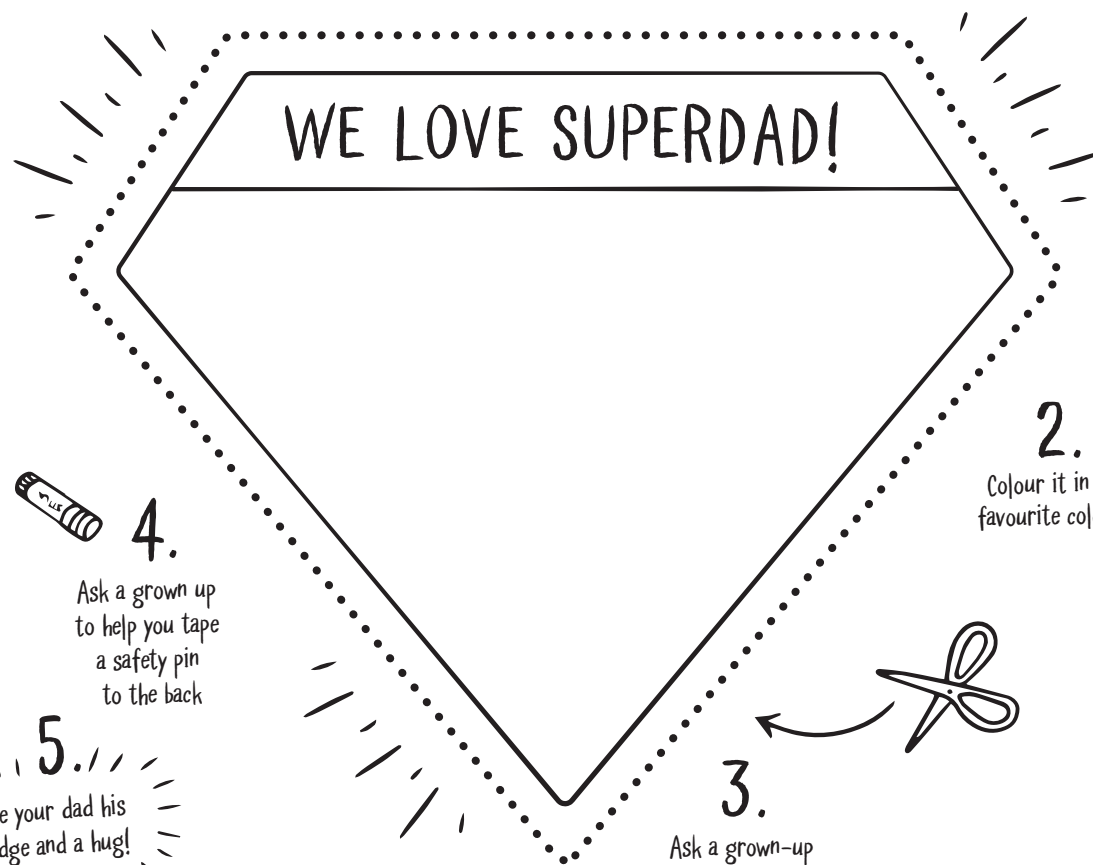
YOU'LL NEED:

Crayons 

Scissors 

Glue or tape 


1. 
Draw Dad in the
middle of the badge



2. 
Colour it in his
favourite colours

4. 
Ask a grown up
to help you tape
a safety pin
to the back

5. 
Give your dad his
badge and a hug!

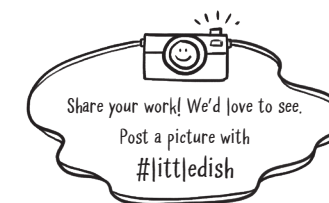
3. 
Ask a grown-up
to help you cut along
the dotted lines

 Learn, Explore, Enjoy! 

At Little Dish, we believe in the power of real food to build a healthier, happier, more adventurous child filled with the right energy to fully discover the world around them. It's why I started Little Dish fifteen years ago and why, today, every one of our meals comes with a fun activity printed inside, carefully crafted to encourage mental and physical development in your little ones.

Why not join our family of real food lovers today at www.littledish.co.uk to receive a welcome pack filled with activities and other goodies? The perfect way to keep little minds and bodies active and help them learn about healthy eating.


Hillary
Founder, Little Dish



'Join the Family!'

Join our family of real food lovers to receive a welcome pack full of activities and goodies!



little
dish